

2017-18 Fall/Winter/Spring Class Schedule Aug-May

CLASS NAME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Recreational Gymnastics Boys & Girls Ages 18 months – 4 years

Parent & Child 18 months/3yrs		10:30-11:30 <i>Open Gym \$5 Flat Fee</i>			10:30-11:30	
Recreational Gymnastics 3/4yrs	4:30-5:30 5:30-6:30	9:30-10:30 10:30-11:30 4:30-5:30 5:30-6:30	4:30-5:30 5:30-6:30	4:30-5:30 5:30-6:30	9:30-10:30 10:30-11:30	9:00-10:00

Girls Recreational Gymnastics Ages 5 +

Foundations 1 5/6 yrs	4:30-5:30 5:30-6:30	4:30-5:30 5:30-6:30	4:30-5:30 5:30-6:30	4:30-5:30 5:30-6:30		
Foundations 1 7/9 yrs	4:30-5:30 5:30-6:30	6:30-7:30	5:00-6:00 6:00-7:00	4:30-5:30 5:30-6:30		10:00-11:00 7+ yrs
Foundations 1 10+ yrs		5:30-6:30	6:30-7:30	6:30-7:30		10:00-11:00 7+ yrs
Foundations 2 7+ yrs Invite Only	5:30-6:30			6:30-7:30		11:00-12:00
Intermediate: 7+ yrs Invite Only		6:30-8:00				
Advanced: 7+ yrs Invite Only	6:30-8:00					
Pre-Team: Invite Only			4:30-6:00 Teal 6:00-7:30 Purple			8:30-10:00 T 10:00-11:30 P

Boys & Girls Tumbling Ages 5+

Foundations 1 5/6 yrs	4:30-5:30	4:30-5:30		4:30-5:30		
Foundations 1 7/9 yrs	4:30-5:30	5:30-6:30		5:30-6:30		9:00-10:00 7+ yrs
Foundations 1 10+ yrs	6:30-7:30			6:30-7:30		9:00-10:00 7+ yrs
Foundations 2 7+ yrs Invite Only	5:30-6:30	6:30-7:30		4:00-5:00		10:00-11:00
Intermediate 7+ yrs Invite Only		4:30-6:00	3:15-4:45 AS \$15 early class discount	5:00-6:30		11:00-12:30
Advanced 7+ yrs Invite Only	6:30-8:00			6:30-8:00		
Elite Invite Only		6:30-8:00				

Boys & Girls Specialty Classes

Tumbling for Dancers	Must email Leslie@summit sportscenter.com for placement	Level 1 4:00-5:00 Level 2 5:00-6:00	5:00-6:00 6:00-7:00 7:00-8:00	Level 3 6:30-7:30	<i>Competitive Dancers Only.... Intense classes focused on acrobatics dancers need!!!</i>	
Trampoline & Tumbling	3:30-5:30 Team 5:30-6:30 Club		3:30-5:30 Team	3:30-5:30 Team 5:30-6:30 Club		
Tumbling for All Stars (only)	<i>Coach Shannon K & Leslie</i>	6:00-8:00	<i>This class is for All Star Levels 1-3, we will split into teams to work standing tumbling, jumps to tumbling, running/specialty passes, synchronization, as well as new tumbling skills!</i>			
Flyer/Stretch Class		5:00-6:00				
Boys Gymnastics	Foundations 5:30-6:30			Intermediate 4:30-6:00		
<u>Ninja Warrior</u>	Lil Ninjas 4:30-5:30 Shadow Ninjas 5:30-6:30 Samurai Ninja 6:30-7:30			Samurai Ninja 6:00-7:00 Master Ninja 7:00-8:00		

Open Gym, Aerial Silks, Fitness, Soccer & more...scroll to Next Page



Class Name	Mon	Tues	Wed	Thurs	Fri	Sat
Adult Fitness <i>Micah Jackson</i>	8:30a-9:30a 9:30a-10:30a 6:30p-7:30p	5:00a-6:00a 8:30a-9:30a 9:30a-10:30a	8:30a-9:30a 9:30a-10:30a	5:00a-6:00a 8:30a-9:30a 9:30a-10:30a 6:30p-7:30p	8:30a-9:30 a 9:30a-10:30a	6:00a-7:00a
I.S.O Soccer w/ Coach Jamonn					4:30-5:30 5:30-6:30	
Aerial Silks <i>Coach Nadia & Coach Bliss</i>	Nadia@SummitSportsCenter.com <u>Open Gym for Silks:</u> \$10 Flat Fee Tues 6:00-8:00 Sat 1:00-3:00		Black Diamond 4:00-5:30 Performance 2 5:30-7:00 Lotus 7:00-8:30	Performance 1: 4:30-6:00 Butterflies 6:00-7:00	Lotus 4:00-5:30 Butterflies 5:30-6:30	
OPEN GYM	SATURDAY 1:00-3:00 -- \$10 Flat Fee -- Ages 6+ (\$5 for competitive cheer, gymnastics, and trampoline athletes)					

CLASS FEES

- **Annual Registration Fee: Rec & Competitive**
 - \$50.00 for individual & \$95 for family.
- **CLASS FEES:**
 - Parent/Child: \$45.00
 - 60 min classes: \$75.00
 - 90 min classes: \$95.00.
 - Ninja Warrior classes \$65.00
 - Pre-Team: \$110.00
 - I.S.O.: \$85.00

Special Events

- **Open Gym:**
 - \$10 Flat Fee
 - \$5 Summit Comp Teams
- **Parent's Night Out:**
 - \$25 flat fee
 - Includes Pizza, Candy, Drink
- **Birthday Parties:**
 - Flat Fee: \$200 Tier 1 & \$250 Tier 2
 - See Website for more info

Class Discounts

always taken off lowest class cost

- \$5 off total monthly bill for auto pay customers (excludes School Teams unless family is already enrolled in rec or team classes)
- 40% off all additional classes for same student
- 20% off 2nd child, 30% off 3rd child, 60% off 4th
- FREE for 5th child



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- **Class Ratios:**
 - All 3-4 & 5-6 yr olds Gymnastics & Tumbling Classes: 6 - 1
 - All 7+ yr olds Gymnastics & Tumbling Classes: 8-1
 - Ninja Warrior: 3-4 (6-1), 5-6 (8-1), 7+ (9-1)
- **Registration Forms/Liability Waivers:**
 - All participate in any program or special event in the facility must have a completed registration form & liability waiver on file signed by their legal guardian. **NO EXCEPTIONS!**
- **Inclement Weather & Holidays:**
 - We will announce via email, website, & facebook. No make-up classes will be given for closures due to inclement weather or holidays.
- **Un-enrollment: we require a 30 day written notice (see registration form for more details).**